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WHAT FORM MEANS TO AN ATHLETE ✓

Descriptive Summary

Athletes work unceasingly to improve their form. Mere strength alone has never won a track meet. This instructive 434 foot picture is in nature of an analytical exposition of how the track athlete is trained to get the most speed and power from his physique. By a series of animated illustrations, with the camera timed to retard the action, the complete movements of the athlete's body are shown from the start to the finish of the action used in the different events of a track meet. Not only is the picture instructive, but it is entertaining and full of excitement. It is a picture of utmost interest to a boy and will hold the close attention of a general audience.

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